



Job Posting

Position:	Family & Individual Clinical Counsellor
Location:	Provincial Office
Reports to:	Manager, Support Services
Status:	Full-time

The Schizophrenia Society of Ontario (SSO)

The Schizophrenia Society of Ontario (SSO) is a leading charitable health organization supporting individuals, families, caregivers and communities affected by schizophrenia and psychosis across the province since 1979. Our aim is to make positive changes in the lives of people affected by schizophrenia and psychotic illness by building supportive communities through services, education, advocacy and research into the social factors that directly affect mental illness. SSO's innovation initiative, the Institute for Advancements in Mental Health (IAM), aims to improve the quality of life for people with mental illness. Through innovative solutions that help people in our communities who are impacted by mental illness, SSO hopes to change the way society looks at mental illness.

The Schizophrenia Society of Ontario is committed to equity in employment and actively seeks applicants from diverse backgrounds to join our team.

We have a highly engaged team of staff and volunteers here at SSO. If you are interested in making a difference in the lives of people and families affected by mental illness, we invite you to be part of the team!

Position Overview

The Schizophrenia Society of Ontario (SSO) is currently recruiting a highly motivated Clinical Counsellor trained in Cognitive Behavioural Therapy (CBT) to move our CBT initiative forward. We are also looking for a creative, professional and organized multi-tasker with attention to detail who can demonstrate the ability to develop and implement clinical and psychoeducational programs. Reporting to the Manager of Support Services, the Counsellor offers in-person, telephone and on-line counselling and system navigation to individuals, families and other helping professionals seeking support and resources. The role also includes overseeing and facilitating CBT psychoeducational support groups as well as assisting in the development of CBT training materials. The incumbent works efficiently and demonstrates a commitment to quality while delivering evidence-based psychosocial and culturally sensitive interventions to vulnerable populations, including individuals living with chronic mental illness.

Key Areas of Responsibility

- Provides support, system navigation and clinical intervention to individuals and families experiencing different stages of psychosis and other chronic mental health conditions

- Employs CBT and other psychosocial interventions to obtain commitment to therapeutic engagement, while assessing client readiness and specific needs
- Modifies psychosocial approaches, interventions and activities as needed in order to support clients experiencing chronic mental health issues
- Collaborates and partners with other programs and mental health providers to coordinate services for families
- Plans and provides workshops and training to clients and community stakeholders in CBT, psychoeducation and other relevant mental health topics
- Supervises students and volunteers
- Participates in ongoing program development and evaluation
- Contributes to development and delivery of new programs as required
- Creates and maintains client records and files according to SSO policies and procedures
- Prepares statistics and reports as required
- Maintains knowledge, skills and abilities in accordance with professional standards by review of literature and attendance at workshops and seminars
- Other duties as assigned

Education and Experience:

- Master's degree in Social work (MSW), psychology, counseling and/or other related health field or equivalent experience
- Must be in good standing and registered with a professional college (e.g. College of Social Workers and Social Service Workers, College of Registered Psychotherapists)
- Minimum three to five years relevant experience providing counseling, system navigation and support to individuals and families in a community mental health setting, performing client intake/assessments, individual/family/group counselling and psycho-educational workshops
- Must be competent in delivering evidence-based interventions (CBT, DBT, Motivational Interviewing, Mindfulness) and working from a strength based and solution focused perspective. Prove of certification may be required
- Demonstrates skills in providing services to a broad range of clients and their families.
- Excellent in prompt and good client record keeping
- Experience in program development, implementation and evaluation
- Excellent knowledge of community resources
- Demonstrates cross cultural awareness and sensitivity
- Excellent knowledge of and demonstrated experience in the health sector with and understanding of opportunities and challenges in a mental health environment
- Knowledge of a second language an asset

Relevant Skills and Attributes:

- Strong sense of professionalism and an ability to represent the organization in an external setting
- Superior written and verbal communication skills
- Strong interpersonal skills and the ability to problem solve in a team setting
- Demonstrated time management and critical thinking skills
- Excellent organizational skills demonstrated in the ability to prioritize a consistent and varied workload, flexibility and adaptability to work
- Positive attendance record

- Open and collaborative team player
- Strong group facilitation skills
- Skilled in crisis intervention and conflict resolution
- Certification in CBT
- Ability to contribute and work in an innovative mental health environment

Work Environment:

- Works in an office environment; infrequent travel required to community settings, some overnight stays required
- Interaction with people living with mental illness, other vulnerable people and their families/caregivers is required
- Frequent exposure to hazards and difficult circumstances

The Schizophrenia Society of Ontario is committed to equity in employment and actively seeks applicants from diverse backgrounds.

To apply for this exciting opportunity, please submit your resume and cover letter (one document in Word or pdf format) by **February 25, 2020** via e-mail to info@schizophrenia.on.ca.

We thank all applicants in advance, but only those selected for an interview will be contacted.